

MIRBOO NORTH PRIMARY SCHOOL

NEWSLETTER NO. 17 - 10th October 2025

Email: mirboo.north.ps@education.vic.gov.au
Website: www.mnps.vic.edu.au





Upcoming Events

15th October:

Regional Athletics
School Council meeting

17th October:

Monash Teddy Hospital Incursion Gr P-2 World Cerebral Palsy Day - wear a splash of green

20th - 22nd October:

Grade 3/4 Coonawarra
Camp

24th October:

2026 Prep Transition 11:30-12:30

Contents:

Principal Report	1
Calendar of events	2
Working Together Awards	2
Hats at school	2
District T20 Cricket	3
Traineeship at MNPS	3
Wellbeing News	4
World Cerebral Palsy Day	5
Community Board	5
TheirCare News	6

Principal's Report

Dear Parents and Carers,

After a two week break it was terrific to welcome everyone back for the start of what always is an engaging term 4.

We thank everyone in our community for your patience with changes around the school in terms of access for parents/carers, as we work through and observe how the changes this week are working and meeting the expectations as we have had set out in our child safety standards. In terms of safety for your children onsite we have needed to tighten our supervision of entry points to the school and all four of our buildings. We have appreciated your support and feedback this week and will have further discussions at school council next Wednesday evening at 7pm in our school staff room. All parents and carers are welcome to attend.

Unfortunately, it hasn't been a consultation piece of work as it has been more of an immediate requirement given the nature of our site and the potential issues as identified in the child safety audit for our school. We have tried to be as proactive as possible with child safety in mind in addressing our current accessibility issues.

Thank you again to parents and carers that come on site both on Monday morning and Friday afternoon to our assemblies and to those of you who filled out the volunteer induction forms and signed in at the office this week. We have 117 registered volunteers and it's great to get some already ticked off this week.

As we communicated late last term we are planning towards camps, swimming program at Mirboo North Swimming Pool and some excursions. In terms of expenses, I am trying to get at least the swimming programs heavily subsidised but do envisage that they will be around the \$50 mark which is as cheap as we can get. If you are experiencing financial difficulty, please talk to me as we may be able to assist with both camps and the swimming. I'd envisage that this will be our last camp to Coonawarra with the cost becoming inhibitive. At school council we will discuss future options for this camp.

With term 4 please be reminded of our schools SunSmart policy. All children are required to wear a broad brimmed hat outside during term 1 and 4. Can parents please ensure children have hats from Monday next week. School hats are available from the office for \$8.

As mentioned earlier our next school council meeting will be held on Wednesday the 15th of October. Our schools finance committee will meet over the next few weeks to work through budgets for 2026 around planning of resource allocation and planned school works. After this is completed, I will have more clarity on grade structures for next year and will present that to school council at our November meeting.

We look forward to seeing all children return on their days next week. Please contact me with any questions or concerns.

Kind regards,

Matthew Snell

Principal

CALENDAR OF EVENTS

15th October:

Regional Athletics

School Council meeting

17th October:

Monash Teddy Hospital Incursion Gr P-2 World Cerebral Palsy Day - wear a splash of

green

20th - 22nd October:

Grade 3/4 Coonawarra Camp

24th October:

2026 Prep Transition 11:30-12:30

3rd November:

Curriculum Day
Student Free day

4th November:

Melbourne Cup Public Holiday

Student free day

7th November:

2026 Prep Transition 9:00-11:30

14th November:

Staff professional development day

Student free day

17th November:

Japanese Drumming Workshop Gr 3/4

19th November:

School Council meeting

21st November:

2026 Prep Transition 9:00-12:30

25th - 27th November:

Grade 6 Wilson's Prom Camp

27th - 28th November:

Grade 2 Inverloch Camp

9th December:

Statewide Transition day

2026 Prep Transition 9:00-12:30

10th December:

Prep Zoo Excursion

Grade 1 Aquarium Excursion

17th December:

Grade 6 Graduation

18th December:

Final day of Term 4

19th December:

Student Free day

WORKING TOGETHER AWARDS Presented 19th September



Jonah, Oscar, Levi, Lilly, Alice

SCHOOL HATS

A reminder that as a SunSmart school, broad brimmed hats are compulsory for outdoor play in Term 1 and 4.

Navy hats can be brought from the office for \$8 each (available in small, medium & large)



DISTRICT T20 CRICKET BLAST

Congratulations to the students who competed in Leongatha on Wednesday in the T20 cricket blast. All of the teams did extremely well! We have one of our girls team progressing to Division and one of our boys team missed out going through to Division by 4 runs!









School Based Traineeship at MNPS

Are you leaving year 12?

Are you unsure what to do next?

Would you like to work in schools and get paid to study at the same time?

Or just chasing some employment for the 2026 year in a primary school setting?

Interested students could be employed as an education support staff member (ES) in a government school while they study to get real hands-on experience.

To know more please register your interest with us at the school.

WELLBEING MNPS

10TH OCTOBER 2025

Welcome Back - Term 4

Term 4 can be hectic - therefore we have another breathing technique to help calm the nervous system.

🖋 What is the Butterfly Hug? 🧩

The Butterfly Hug is a bilateral stimulation technique, meaning it uses rhythmic tapping on both sides of the body to help your brain feel balanced and grounded. It's like a gentle reset when your emotions feel like too much.

People often use it:

- During therapy for trauma or anxiety
- · As a calming practice in stressful moments
- · As part of a daily mindfulness routine

🝔 How to Do the Butterfly Hug 🤗

You don't need any special tools—just your own hands and a quiet moment.

- 1. Sit comfortably and take a few deep breaths.
- 2.Cross your arms over your chest, like you're giving yourself a hug.
- 3.Let your fingertips rest on your upper arms or shoulders.
- 4.Begin to gently tap one hand at a time-left, right, left, right—in a slow, steady rhythm.
- 5. Breathe deeply and slowly while tapping. You can close your eyes or keep them open, whatever feels best.
- 6.Keep tapping for 30 seconds to a few minutes, or until you feel calmer.

Butterfly Hug



Uniforms and Food Parcels



Contact Sarah or Kate in the office to organise uniforms for Term 4 or to prepare for next year! All we need is your child's uniform/shoe size!

Also, if needed, feel free to contact Sarah/Norm to organise a Food Parcel for your child to take home.

HUB is OPEN in the mornings...

Due to the changes at drop off / pick up, at MNPS, the HUB will continue to be open in the morning for any child needing a soft start.

Thanks to all the families and guardians who have chatted to the school, to help with feedback, and assisting us, in keeping the students and staff safe. The kids are settling well, and most seem to be used to the changes; understanding and knowing the routine. We will continue to have hiccups along the way - but thanks to all who are understanding in this. Touch base with Sarah if your child needs extra support in the mornings.

STORMBIRDS

With the WINDY spring weather upon us - there may be some big emotions in some homes.

If you would like your child to participate in STORMBIRDS this term (before Norm leaves) please touch base, ASAP, as Sarah and Norm may run one more group if there are interested parties.

SUPPORTING WORLD CEREBRAL PALSY DAY FRIDAY 17th OCTOBER

On March 25th this year, we introduced you to young Riley, who lives with Cerebral Palsy, as he quietly came to school wearing all green on Cerebral Palsy Awareness Day. Monday 6th October was World Cerebral Palsy Day and as this was the first day of term 4 we have decided to support this great cause NEXT Friday 17th October instead. On this day we are asking that all students wear a splash of green or ALL green and bring a gold coin donation so we can forward to CP for continued research and support for those in need. Please help us show our support of Riley and the resilience and determination he displays and help raise awareness of cerebral palsy.



this great cause and to show our support for









Mirboo North PS TheirCare

TERM 4

NEWSLETTER \$ 10 October 2025

Welcome to Term 4!

We extend a warm welcome back from the school holidays and wish everyone a fantastic start to Term 4.

We hope everyone had a wonderful time over the holidays and enjoyed their break.

Our 'Secret Garden' holiday program was a great success with the children jumping on board some fantastic adventures such as the butterfly enclosure, our excursions to see the movie 'The Bad Guys 2' and our 'Silent Disco', creating their own individualized Tic-Tac-Toe set and discovering hidden gems in our



Week 1 – Mess & Mayhem

This week we have explored multiple messy experiences and created all kinds of collisions and collapse. The group has enjoyed creating rice bubble marshmallow slice, created wonderfully messy masterpieces in our paint pour and straw blow art activities, experienced chain reactions with dominos, card towers and stacking challenges and made mighty messes with elephant toothpaste, fake edible snot, Oobleck and slime.

📻 TC Tucker Returns!

This October, World Food Day will kick off the return of our much-loved TC Tucker program! Celebrating culture, connection, and community through food.

The TC Tucker program gives children the chance to cook, taste, and share delicious dishes, sparking curiosity and conversations about exciting recipes from our communities.

National Fairy Bread Day

Monday 24th November

Join us for a classic Aussie treat—fairy bread!
But it's about more than just sprinkles and smiles.
National Fairy Bread Day helps raise awareness and support for kids in need through important charities like The Salvation Army, Foodbank, and The Pyjama Foundation, which we support through our WeCare program.

Book into After School Care on Monday 24th November to enjoy some tasty fairy bread while supporting a great cause—one slice at a time!



CONTACT SERVICE:



0448 345 362

mirboonorth@theircare.com.au

TC HEAD OFFICE:



1300 072 410











